



# COASTAL HEART AND VASCULAR

## COMPLETE CARDIOVASCULAR CARE

Cardiovascular Physicians and Interventionalists

**P** 1300 9 12345

Outpatient Referrals **F** (07) 5532 9890

Inpatient Referrals **F** (07) 5676 9639

**E** reception@coastalhearts.com.au

REFERRAL

Dr Ross Sharpe

NAME \_\_\_\_\_

DATE OF BIRTH \_\_\_\_ / \_\_\_\_ / \_\_\_\_

TELEPHONE \_\_\_\_\_ MOBILE \_\_\_\_\_

MEDICARE NUMBER \_\_\_\_\_

### APPOINTMENT PRIORITY

Urgent < 2 Days

Routine (next available)

Semi Urgent < 1 Week

Hospital Admission (contact rooms to advise)

### CARDIAC & VASCULAR CONSULTATION

- Chest Pain / Exertional Symptoms
- Dyspnoea
- Abnormal Cardiac / Vascular Test
- Hypertension

- Migraine for Investigation (PFO)  TIA / CVA for Investigation
- Intermittent Claudication / Foot Rest Pain
- Carotid Stenosis -  Symptomatic  Asymptomatic
- Other: \_\_\_\_\_

### CARDIAC INVESTIGATIONS

- 12 Lead ECG
- Echocardiogram
- Exercise Stress Test <sup>^</sup>
- Stress Echocardiogram <sup>^</sup>
- Transcranial Doppler (PFO Screening)
- Transoesophageal Echocardiogram **\*\***
- Coronary Angiography (+/- Stenting) **\*\***

### VASCULAR DUPLEX SCANS AND TESTS

- Lower Limb -  Left  Right Arterial  Venous
- Upper Limb -  Left  Right Arterial  Venous
- Carotid Duplex +/- Transcranial Duplex (for investigation of Cerebrovascular Disease)
- Renal Duplex
- Mesenteric Duplex
- Aorto-iliac Duplex
- Digital Subtraction Angiography (+/- Stenting) **\*\***

### CLINICAL DETAILS \_\_\_\_\_

REFERRING DOCTOR \_\_\_\_\_

PROVIDER NO. \_\_\_\_\_

ADDRESS \_\_\_\_\_

DATE \_\_\_\_\_

CC \_\_\_\_\_

SIGNATURE \_\_\_\_\_

### Locations

Gold Coast Private Hospital  
Suite 9, Ground Floor  
14 Hill Southport QLD 4215

Ballina Health Centre  
32 Tamar Street  
Ballina NSW 2478

\* Denotes Consultation Required # Denotes Hospital Admission Required ^ Denotes Consultation If Abnormal

- Cardiovascular Consultation • Chest Pain Assessment • Cardiac Risk Assessment • Pacemaker Implants • Valvuloplasty
- Angiography & Stenting - Coronary - Renal - Peripheral - Carotid • Below-the-knee Arterial Interventions • Stroke Intervention
- PFO/ASD Closures • TCDI Screening • Intravascular Ultrasound • Rotastenting • Coronary Flow Wire • Atrial Appendage Closure

TEST	DURATION	PREPARATION
Stress Test	1 Hour	Fast 2 hrs prior to test (water allowed). Wear comfortable clothing and footwear.
Stress Echocardiogram	1 Hour	Fast 2 hrs prior to test (water allowed). Wear comfortable clothing and footwear.
Echocardiogram	30-45 Minutes	No Preparation.
Renal, Mesenteric Aorto-iliac Scan	1 Hour	Fast 2 hrs prior to appointment. Do not have a heavy meal prior to fasting. Please drink water to keep well hydrated.
ECG	10-15 Minutes	Clean dry skin. No powder or creams.
Other Tests		No preparation.

## CONSULTATION APPOINTMENTS

New Patients	Please post or fax your referral and patient information form prior to your appointment. Patient information form is available for download from the website <a href="http://www.coastalhearts.com.au">www.coastalhearts.com.au</a> or contact rooms. Please bring fully up to date medication list.
Review Patients	Please bring an up to date medication list.
All Patients	Please bring all relevant test results with you.

**PAYMENT OF CONSULTATIONS** - Coastal Heart and Vascular is not a bulk bill practice. Payment is required in full at the time of the consultation, via cash, eftpos or credit card. Government issued pensioner card holder will pay a reduced fee.